

PERFORMANCE

BOOKS

BF 172 .M35 1990

Alexander, F. Matthias. *The Alexander technique: the essential writings of F. Matthias Alexander*. Selected and introduced by Edward Maisel. New York, NY: Carol Pub. Group, 1990.

BF 145 .A58 1989

Alexander, F. Matthias. *The use of the self: its conscious direction in relation to diagnosis, functioning and the control of reaction*. Introduction by John Dewey. Long Beach, CA: Centerline Press, 1989.

MT 955 .B216 1985

Balk, H. Wesley. *Performing power: a new approach for the singer-actor*. Minneapolis: University of Minnesota Press, 1985.

MT 956 .B34 1991

Balk, H. Wesley. *The radiant performer: the spiral path to performing power*. Minneapolis: University of Minnesota Press, 1991.

ML 457 .C343 1990

Caldwell, Robert. *The performer prepares*. Dallas: Pst...Inc., 1990.

BF 575 .H27 C85 1991

Csikszentmihalyi, Mihaly. *Flow: the psychology of optimal experience*. New York: Harper Perennial, 1991.

ML 3830 .D9 1989

Dunkel, Stuart Edward. *The audition process: anxiety management and coping strategies*. Juilliard Performance Guides No.3. Stuyvesant, NY: Pendragon Press, 1989.

GV 1002.9 .P75 G34 1979

Gallwey, W. Timothy. *The inner game of tennis*. New York: Bantam Books, 1979.

GV 995 .G28

Gallwey, W. Timothy. *Inner tennis: playing the game*. New York: Random House, 1976.

BF 172 .G44 1987

Gelb, Michael. *Body learning: an introduction to the Alexander technique*. New York: H. Holt, 1987.

ML 850 .G73 1986

Green, Barry and W. Timothy Gallwey. *The inner game of music*. Garden City, NY: Anchor Press/Doubleday, 1986.

BF 575 .A65 G664 2001

Greene, Don. *Audition success: an Olympic sports psychologist teaches performing artists how to win*. New York: Routledge, 2001.

BF 575 .A65 G665 2001

Greene, Don. *Fight your fear and win: seven skills for performing your best under pressure—at work, in sports, on stage*. New York: Broadway Books, 2001.

ML 850 .H35

Havas, Kato. *Stage fright; its causes and cures, with special reference to violin playing*. London: Bosworth, 1973.

BF 575 .A65 K76 1993

Krèuger, Irmtraud Tarr. *Performance power: transforming stress into creative energy*. English translation by Edward H. Tarr. Tempe, AZ: Summit Books, 1993.

GV 706.4 .M53 1999

Millman, Dan. *Body mind mastery: creating success in sport and life*. Novato, CA: New World Library, 1999.

ML 3795 .P16 1984

Papolos, Janice. *The performing artist's handbook*. Cincinnati, OH: Writer's Digest Books, 1984.

ML 128 .P235 P7 1992

Priest, Julia. *From stage-fright to seat-height*. North Grosvenordale, CT: J. Priest, 1992.

MT 2 .R57

Ristad, Eloise. *A soprano on her head: right-side-up reflections on life and other performances*. Moab, UT: Real People Press, 1982.

RC 552 .S69 R63 1995

Robin, Mitchell W. *Performance anxiety: overcoming your fear in the workplace, social situations, interpersonal communications, the performing arts*. Holbrook, MA: Adams Pub., 1995.

BF 575 .A6 R65 1998

Roland, David. *The confident performer*. Portsmouth, NH: Heinemann, 1998.

ML 3830 .S148 1992

Salmon, Paul and Robert G. Meyer. *Notes from the green room: coping with stress and anxiety in musical performance*. New York: Lexington Books, 1992.

ML 3820 .S35 1991

Schneiderman, Barbara. *Confident music performance: the art of preparing*. St. Louis, Mo: MMB Music, 1991.

BF 575 .F2 S47 1992

Shafer, Gloria. *Performance power: winning ways to face your audience*. San Francisco: Mellen Research University Press, 1992.

ML 3838 .G38 1988

Sloboda, John A. *Generative processes in music: the psychology of performance, improvisation, and composition*. New York: Oxford University Press, 1988.

BF172 .C875 1996

Sontag, Jerry. *Curiosity recaptured: exploring ways we think and move*. Foreword by Robertson Davies. San Francisco, CA: Mornum Time Press, 1996.

PN 2071 .P78 T74 1983

Triplett, Robert. *Stagefright: letting it work for you*. Chicago: Nelson-Hall, 1983.

GV 706.4 .U555 1996

Ungerleider, Steven. *Mental training for peak performance: top athletes reveal the mind exercises they use to excel*. Emmaus, PA: Rodale Press, 1996.

VIDEOTAPES

Video 54

The inner game of music. Produced by the University of Wisconsin-Madison, Division of University Outreach, Department of Continuing Education in the Arts; director, Jeff Schultz; project under the direction of Richard W. Wolf. Madison, WI: University of Wisconsin-Madison, 1988.
Host, Barry Green; co-host, Eugene Corporon.

12/02 rr