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## Summary Information

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<tr>
<th><strong>Repository</strong></th>
<th>EBL Manuscripts Collection</th>
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<tr>
<td><strong>Creator</strong></td>
<td>Mitchell, Helen S., (Helen Swift), 1895-</td>
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<tr>
<td><strong>Title</strong></td>
<td>Helen Swift Mitchell Papers</td>
</tr>
<tr>
<td><strong>Date [inclusive]</strong></td>
<td>1920 - 1978</td>
</tr>
<tr>
<td><strong>Extent</strong></td>
<td>1.0 Cubic feet</td>
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<tr>
<td><strong>Abstract</strong></td>
<td>Personal papers of Helen Swift Mitchell 1895-1984, nutritionist and physiologist. Materials include: correspondence; biographical material; clippings; reprints; nutrition survey materials; and subject files on Pavlov and Mendel.</td>
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### Preferred Citation

Helen Swift Mitchell Papers. Eskind Biomedical Library Special Collections, Vanderbilt University Medical Center, Nashville, TN.
Historical or Biographical Note

Helen Swift Mitchell (1895-1984) was a nutritionist, author, and teacher. She was the author of *Nutrition in Health and Disease*, a standard college text for over 50 years. She also conducted a dietary survey of the fisher folk of Labrador and Newfoundland for Dr. Wilfred Grenfell in 1929.

She received her Ph.D. from Yale in 1921. She then worked as the Research Director at the Battle Creek Sanitarium from 1921-1924. Then she was a Professor of Physiological Chemistry at Battle Creek College from 1924-1935. Then she became a Research Professor of Nutrition at the University of Massachusetts from 1935-1941. She served as the Principal Nutritionist at the Office of Defense, Health and Welfare from 1941-1943. Then she was Dean of the School of Home Economics at the University of Massachusetts from 1946-1960.

Collection Description

Personal papers of Helen Swift Mitchell (1895-1984), nutritionist and physiologist. Materials include: correspondence; biographical material; clippings; reprints; nutrition survey materials; and subject files on Pavlov and Mendel. Collection also contains research from studies on the fisher folk of Labrador and Newfoundland. Correspondence is primarily professional, consisting of letters from other nutritionists.
Administrative Information

Publication Information
EBL Manuscripts Collection 2004-10-29

Notes about Access to this Collection
All collections are subject to applicable VUMC privacy and confidentiality policies. Collection specific restrictions: No Restrictions.

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Subject Headings

Personal Name(s)
- Cooper, Lenna F., (Lenna Frances), 1884-
- Grenfell, Wilfred Thamason, Sir, 1865-1940
- Kellogg, John Harvey, 1852-1943
- Mendel, Lafayette B., (Lafayette Benedict), 1872-1935
- Mitchell, Helen S., (Helen Swift), 1895-
- Pavlov, Ivan Petrovich, 1849-1936

Subject(s)
- Dietetics--history
- Nutrition
- Physiology
## Collection Inventory

### Series 01: Miscellaneous

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<tr>
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- **Biographical materials; newspaper clippings; 3 photographs**
  - Bronze medal, Fifteenth International Physiological Congress, 1935 **"List of Publications by Helen S. Mitchell, Ph.D., 1923-1978"**

- **Two letters written by Lafayette B. Mendel to Edna L. Skinner,** recommending Helen Mitchell for a post at Massachusetts State College, dated 1-5-34 and 4-5-34.


- **Magazine Clipping. Roberts, Leslie, "They Just Can't Make Up their Minds,"** The Saturday Evening Post, Dec. 28, 1946, p. 18-19, 65. ("The dour and suspicious Newfoundlanders, still living in the isolation of their fishing villages, are now faced with t

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Exercises with handwritten notes of speakers' remarks. Dr. Mendel's card introducing Helen Mitchell to Professor Dr. Leon Asher Dr. Mendel's card introducing Helen Mitchell to Dr. Harriette Chick Dr. Mendel's card introducing Helen Mitchell to Dr. R.L. Kahn Dr. Mendel's card introducing Helen Mitchell to Professor F.G. Hopkins Dr. Mendel's card introducing Helen Mitchell to Directeur E.C. Van Leersum Dr. Mendel's card introducing Helen Mitchell to Dr. G.G.L. Wolf Framed Photograph of Dr. Mendel, with inscription


Letter from Lafayette B. Mendel to Helen Mitchell, April 23, 1921. Letter from Helen S. Mitchell to Dr. J.H. Kellogg, April 25, 1921. Letter from J.H.
Kellogg to Helen Mitchell, April 28, 1921. Letter from Helen Mitchell to J.H. Kellogg, May 4, 1
1924. Letter from Helen Mitchell to Lafayette Mendel, Sept 26, 1924.

Note from HSM to Neige Todhunter, 5-26-79 Two photographs taken at tea in honor of Helen S. Mitchell, Vanderbilt Medical Center Library, Special
Collections, April 27, 1979; Dr. Mitchell with part of her collection and Dr. Mitchell with Dr. E. Neige Tod


Photographs of Walter H. Eddy, E.V. McCollum, Lafayette B. Mendel, Sir Wilfred Grenfell, and others, including several photographs from Newfoundland.

Remarks made on the occasion of the presentation of the AGMA Award to Dr. Mary Swartz Rose, October 31, 1939. Christmas greeting card from Sir Wilfred and Lady Grenfell. Newspaper clipping, with photographs, reviewing life and career of Mary I. Barber.


Fenton, Paul F. "Francois Magendie (October 5, 1783-October 7, 1855)," Journal of Nutrition, v. 43, no. 1, Jan., 1951, 1-16. Bing, Franklin C. "Professor Lafayette B. Mendel clipped from journals including Science. Memorial Tributes to Lafayette B.


Program. International Conference o


Massachusetts Institute of Technology, October 19-21, 1971: Bengoa, J.M. "Significance of Malnutrition and Priorities for its Prevention."


Letter (carbon). 12-28-78. HSM to E. Neige Todhunter

"Recommended and Non-Recommended Nutrition Books for Lay Readers," with supplements